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Col Tom Considine  
Wing Commander  
**PUBLIC AFFAIRS**  
Maj Bruce Scheid  
Public Affairs Officer  
TSgt Gene Ambrosio  
Public Affairs NCOIC  
SSgt Kevin Heineman  
Public Affairs  
SSgt Wendy Thompson  
Public Affairs Administrator  
Lt Col Dick Fechter  
Special Projects  
SSgt Raegan Lauderville  
Historian  
**VISUAL INFORMATION**  
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Photographer  
MSgt Scott Haberer  
Photographer  
TSgt Bill Wiseman  
Photographer  
MSgt Clark Rupert  
Videographer  
TSgt Vince DeGroot  
Videographer

May 2001

Volume 4

## 185th Family Information Fair



TSgt Allen Schwaderer and family

**Saturday, 5 May 2001**

We invite you and your family members to attend the Family Information Fair on Saturday, 5 May. This "One-Stop Shopping" approach will allow you to take care of many family readiness issues, and representatives will be available from base and community agencies to answer questions you may have concerning this very important topic. As the

deployment schedule increases, it becomes even more important to ensure your family is taken care of while you are away performing military duty, whether for drill or the longer AEF tours.

In addition, we have scheduled two informative briefings for you and your family members. Both briefings will be given twice. The Financial Planning Briefing covers the following major areas—How to Manage Your Finances, Saving and Investing, Credit, Insurance, Wills and Power of Attorney. This is an educational/information presentation with the purpose of making you and your families better informed consumers, giving you the information you need to assist in making better decisions.

The Retirement Benefits briefing will cover recent changes that have been made concerning benefits, including Servicemember's Group Life Insurance and VA benefits. All members and their spouses will benefit from attending this briefing.

A \$200.00 savings bond will be given away as a door prize, courtesy of USAA. A fun activities area for children will be available, so you will be free to take care of personal readiness issues. For more information, contact MSgt Lori Risdal at 712-233-0502.



MSgt Tom Baker and family



## Commander's Comments

Spring is finally in the air. LTC Gary Cranmer is getting his boat ready and the golfers are all watching the weather looking for nice, warm, calm days to go to the course. Spring is also the time to think about summer safety. Sunburns, boating and beer, playing golf in a thunderstorm, all those fun things we like to do need the temperance of good judgement.

Enjoy your summer, but be sure to do it safely. We need you and your expertise.

We have a lot going on this summer. We have twenty members supporting Des Moines on their deployment to Southwest Asia in June. We're going to Maple Flag at the same time, and the Security Police are going to Paraguay - where it will be winter. In July RAGBRAI starts in Sioux City and we will have volunteers helping out. In August, CE goes to the UK and most of the rest of us head to Volk for an old-fashioned summer camp with exercises prepping us for our Southwest Asia deployment in October. In August we will also start our Air Expeditionary Force support, with different AFSCs supporting USAF units around the world. By the time 2001 is over, we will once again have deployed over 300 personnel outside the U.S. In fact initial numbers look closer to 400 people.

I don't want you to forget the air show. It will start the afternoon of 8 September with the Thunderbirds highlighting the show on the ninth. Remember we will have a breakfast and a few other family activities to go along with the air show on 9 September. Bring your families! Also, I hope to see a lot of our former members that weekend.

The last week in March, eleven of us went to Washington, D.C. to the Guard Bureau to discuss conversion issues. We were able to nail down a proposed time frame of March 2003 for the conversion. That is, when the last F-16s leave. We also have draft manning documents, both the technician and military (drill positions). But that's about it until the budget is finalized. There is still a lot to be asked and accomplished.

Have a safe, fun-filled summer. I look forward to all that we have going on. Hope to see you at the air show

## Promotions:

CMSgt Raymond P. Wingert	MSgt Bradley R. Anderson
MSgt John H. Schwaller	MSgt Donald G. Leget
MSgt Gene R. Christiansen Jr.	MSgt Donald Gale
MSgt Leslie R. Parker	SRA Steven R. Schultz
SRA Lance R. Larson	SRA Bryon T. Adams Jr.
SRA Matthew J. Varenhorst	SRA Colin M. Engel
SRA James A. Fousek	SRA Christopher L. Adkins
SRA Jason D. Smith	



*TSgt Robert Painter directs jet to take off*

## 185th Goes to Hawaii

HICKAM AFB, HI — Blue Air battled Red Air in the skies over the Hawaiian Islands as the F-16Cs of the 185th Fighter Wing faced off against the F-15s of the Hawaii Air National Guard's 199th Fighter Squadron in Dissimilar Air Combat Training (DACT). The February 24

through March 10 deployment, Sentry Aloha, proved to be a good deal for both units.

"Coming here had lots of advantages," said deployment commander Lt Col Dave Crowden. "For us, it provided good hands-on training in more than comfortable weather conditions. And it gave them a chance to fly against much smaller and more maneuverable aircraft than they're used to seeing."

The National Guard Bureau funds the deployment of northern-tier Air National Guard units to Hawaii during winter months for two reasons, according to Capt Chris Faurot, weapons officer for the 199th FS. "It's a lot cheaper to deploy a unit here than it is to deploy us to the CONUS for training. For northern-tier Guard bases, it makes sense for them to come here, because there are times a wrench can't be turned there for weeks at a time."

In DACT, one unit will act as the Red Air aggressors, while the other unit acts as the Blue Air defenders. But Red Air is limited in their tactics, Crowden said, to trying to simulate the tactics of potential enemy aircraft like the MiG-29 and Su-27. "We came out here to be training aids to them, and they tied our hands pretty good," Crowden said.



*TSgt Robert Painter assists TSgt Brandon East on a training issue while on the deployment*

But the 185th was not limited solely to the Red Air role. "The sorties were split about 60-40," Crowden said. "We came here to train them, so they got the majority of the Blue sorties. But we traded roles. They defended against us in the morning, then traded roles and were our adversaries in the afternoon."

199th FS scheduler Capt Pete Weidner said the training provided by the 185th "was a real benefit. We were able to do a lot more training. In fact it doubled the amount of training we were able to do, because we could fly twice as many sorties as we could without another unit here to fly against."

185th FW project officer Maj Chuck Taylor said training in Hawaii "allowed us to get better training than we can at home due to airspace restrictions." And Taylor praised the 199th FS. "They do their job well. Of course, flying air-to-air is kind of the F-15's





*SSgt David Elerick, crew chief*

forte.”

The deployment was not without challenges for the 185th. Two of the five transport aircraft used in the deployment had maintenance problems on the way out, depriving the 185th Maintenance personnel of important

supplies at the outset. But 185th Maintenance Squadron superintendent CMSgt Gary Dennehey

described the deployment as “seamless,” and said, “It’s good training when you get people out of their normal routine.”

SrA Tracy Spaulding, a munitions technician with the 185th, said she benefited from “working in different conditions,” and she “got to know a lot more people in the unit.”

Lt Col Crowden praised the efforts of the maintenance squadron. “They did an outstanding job, but that’s normal for the Sioux City team.”

Deployment first sergeant MSgt Al Mast said “it was a great trip. People worked really hard, and probably played about as half as hard. It felt great to get involved back in maintenance and ops.”

MSgt Mast had his share of challenges, too, as members of the unit were billeted in a variety of locations across Hickam AFB and Pearl Harbor. However, “we worked through everything,” said Mast. “The biggest challenge was the redeployment and the one-way streets on base. The person who designed Hickam’s streets must be the same person who laid out Morningside’s.”

*TSgt Peter Shinn*



## Chapel Call

*BY CHAPLAIN MERRILL MULLER*

Here is a prayer you might have considered using for your morning devotions, “So far today, God, I’ve done all right. I haven’t gossiped, haven’t lost my temper, haven’t been greedy, grumpy, nasty or selfish. I’m really glad about that . . . But in a few minutes, God, I’m going to get out of bed, and from then on I’m probably going to need a lot more help.”

Is this the way you start your day? If so, I would suggest that you have an attitude problem. It says that you are planning your day to be filled with bad attitudes about people and events through your day.

Victor Frankl, in his book, “Man’s Search for Meaning,” said that after everything is stripped away you are still in charge of your attitude. He lost all he had in a German Concentration Camp, but realized afterward he still owned his attitude.

Charles Swindoll said, “The longer I live, the more I realize the impact of attitude on life. Attitude to me is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company . . . a church . . . a home. The remarkable thing is you have a choice every day regarding the attitude you will embrace for that day. We cannot change our past . . . we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is ten percent what happens to me and ninety percent how I react to it. And so it is with you. You are in charge of your attitude.” You are in charge of believing that you are a person of worth. You are in charge of believing that you are a good person. You are in charge of believing that you are able. Taking these beliefs to heart will make you a person of worth, a good person, and a person able to excel.

## Airman of the Year 2001



The 185th Fighter Wing, Iowa Air National Guard has honored **Master Sergeant Thomas H. Baker, Technical Sergeant Connie A. Miller, and Senior Airman Charles O. Griminger II** as Airman of the Year for 2001.

Baker received this honor among the unit’s Senior Noncommissioned Officer’s category, Miller among the

Noncommissioned Officer’s category, and Griminger among the Airmen category.

Baker has also been honored as Airman of the Year among the Senior Noncommissioned Officer’s category at the State level. Baker’s name

will now be forwarded to the National Guard Bureau in Washington, D.C. where Baker will compete for the title of Air National Guard Airman of the Year.

All were honored as the Airman of the Year for their outstanding job performance, leadership qualities and exceptional dedication to the Air National Guard.

Baker resides in Sioux City and serves as the Wing First Sergeant assigned to the 185<sup>th</sup> Fighter Wing. Miller resides in Sioux City and serves as a Support Group Information Management Craftsman assigned to the 185<sup>th</sup> Support Group. Griminger resides in Sioux City, IA and serves as a Avionics System Journeyman assigned to the 185<sup>th</sup> Aircraft Generation Squadron.



## A True American Hero, From Sioux City

Did you know the nation's most decorated military member alive, as well as most decorated since General Douglass MacArthur was born and raised in Sioux City, Iowa? This man is a true American hero and few people in this area know his name or history.

Colonel George "Bud" Day (retired) was born in Sioux City Iowa on Feb 24, 1925. He grew up in Riverside and attended Central High School. As a child he fished in the Missouri River, read books from the public library and played outdoors just as any other child raised in this area.

He graduated with a Bachelors of Science Degree and Doctor of Human Letters from Morningside College. He received a Juris Doctor from the University of South Dakota and was admitted in the South Dakota Bar in 1949.

Col Day began his military career by enlisting in the Marine Corp in 1942. He served as a NCO in the South Pacific, and was appointed as a Second Lieutenant in the National Guard in 1950. In 1951 he was called to active duty in the Air Force. After completing pilot training he served two tours in the Far East as a fighter-bomber pilot during the Korean War. In April of 1967 Col Day was assigned to the 31<sup>st</sup> TAC Fighter Wing at Tuy Hoa Airbase, Republic of Vietnam.

Col Day was shot down over North Vietnam August 26, 1967. He spent 67 months as a POW. Col Day was the only POW to escape from prison in North Vietnam and evade to South Vietnam. He is also credited with living through the first "no chute" bailout from a burning fighter jet in England in 1955. At the time his plane was shot-down, Col Day was one of the nation's most experienced jet fighter pilots with more than 5,000 hours of total flying time. He has flown all the modern Air Force jet fighters including the F-80, F-84, F-100, F-101, F-104, F-105, F-4E, A-4J MongOOSE, A-7, F-106, FB-111, F-15, F-16, CF-5, CT-33, and CF-18.

Col Day holds every significant combat medal and is the nation's most highly decorated officer. He holds nearly seventy military

decorations and awards, of which more than fifty are for combat. Most notable are: the Medal of Honor, the Air Force Cross, the Distinguished Service Medal, the Silver Star, the Legion of Merit, the Distinguished Flying Cross, the Air Medal with nine Oak Leaf Clusters, the Bronze Star for Valor with two Oak Leaf Clusters, the Bronze Star, and the Purple Heart with three Clusters. Col Day was presented Vietnam's highest medal by President Thieu, two Vietnamese Gallantry Crosses, and Vietnamese Wings, and wears twelve Campaign Battle Stars.

The following is the Citation to accompany his Medal of Honor: On August 26, 1967, Col Day was forced to eject from his aircraft over North Vietnam when it was hit by ground fire. His right arm was broken in 3 places, and his left knee was badly sprained. He was immediately captured by hostile forces and taken to prison camp where he was interrogated and severely tortured. After causing the guards to relax their vigilance, Col Day escaped into the jungle and began the trek toward South Vietnam. Despite injuries inflicted by fragments of a bomb or rocket, he continued southward surviving only on a few berries and uncooked frogs. He successfully evaded enemy patrols and reached the Ben Hai River, where he encountered U.S. artillery barrages. With the aid of a bamboo log float, Col Day swam across the river and entered the demilitarized zone. Due to delirium, he lost his sense of direction and wandered aimlessly for several days. After several unsuccessful attempts to signal U.S. aircraft, he was ambushed and captured by the Viet Cong, sustaining gunshot wounds to his left hand and thigh. He was returned to the prison from which he had escaped and later was moved to Hanoi after giving his captors false information to questions put before him. Physically, Col Day was totally debilitated and unable to perform even the simplest task for himself. Despite his many injuries, he continued to offer maximum resistance. His personal bravery in the face of deadly enemy pressure was significant in saving the lives of fellow aviators who were still flying against the enemy. Col Day's conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty are in keeping with the highest traditions of the U.S. Air Force and reflect great credit upon himself and the U.S. Armed Forces.

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## New Members to the 185th Family



*Brian Chancey of Ponca, Nebraska will work in Electrical and Environmental Maintenance.*



*Erik Poss of Sioux City, comes from Offutt AFB. The Mapleton native has been assigned to Comm Squadron.*



*SRA Travis Metcalf recently transferred from active duty to the 185<sup>th</sup> in Aircraft Maintenance. Metcalf currently lives in Sioux City.*



*Hinton, Iowa native, Sarah Orwig recently joined the 185<sup>th</sup> into Security Police. Sarah is a senior at Hinton High School.*

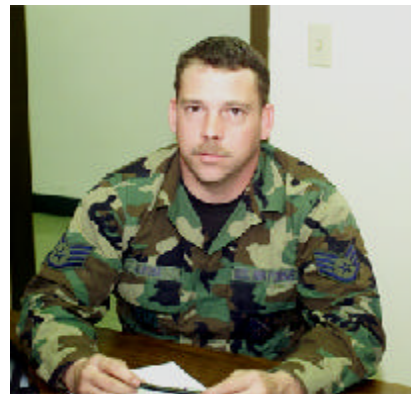


# Who is your hero?



**TSgt Bill Bondinello\AGS**  
My son. He has overcome a lot in the past three years.

**SSgt Shawn Robinson\AGS**  
Everyone, because everyone has their special thing that they do well.



**Above:** TSgt Knud Knudson\AGS Col Bud Day (retired), because he is the most decorated Vietnam War Veteran who happens to be a native of Sioux City.  
**Insert:** MSgt Steven Beech\LGGS The working man or woman. Without them our country wouldn't be what it is.

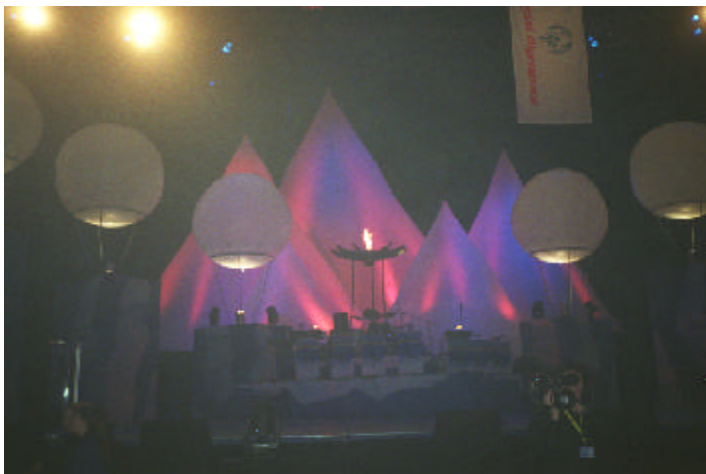
**Above Left:** SSgt Troy Clouse\AGS Previous war veterans, because they sacrificed for the free country we live in today. **Above Right:** MSgt Ralph Munch\CEX General Norman Schwartzkoff. He said "Most people know the right thing to do. The problem is doing it." He is a common sense person.

## Then and now

When I first got in-  
The stripes were right side up  
The shoes were brown  
You needed a pass to go to town  
You ate your meals from a tin  
Mess kit  
They issued uniforms that did not fit  
The quarters were eighty man  
Open bay  
You did not know if it was  
Night or Day  
And everyone complained  
About the pay

When I got out  
The stripes were upside down  
The shoes were plastic  
The belts were elastic  
We lived in contract quarters  
We ate in the best  
Restaurants  
The pay was good  
The benefits great  
I wanted to stay  
But it was too late

Jake Jacobson



*The Special Olympic torch, closing ceremonies  
Sullivan Ice Arena, Anchorage, Alaska*

## 185th Security Forces Help in Alaska with Special Olympics “Proud to Play”

The largest winter sporting event ever held in Alaska came to a close in Anchorage, on the 11<sup>th</sup> of March. The Winter Games brought 2,400 athletes from 69 countries and inspired over 6,000 people to volunteer.

Thirteen of those volunteers are members of the Security Forces Squadron, assigned to the 185<sup>th</sup> Fighter Wing. Their mission was to support the security needs of the 2001 Special Olympics World Winter Games - Alaska.

In all, over 350 security force members, from Air National Guard units throughout the United States, responded to the request for assistance. The demanding responsibility of securing the Winter Games included seven separate athletic venues, twelve hotels used to house the athletes, and a Joint Operations Control Center. Each area hosted its own unique security requirements, from athlete security and control to crowd control, entry control, and dignitary security.



*SRA Mike Pope with a Special Olympian*

The athletic venues included: Alpine Skiing, Cross Country Skiing, Figure Skating, Floor Hockey, Snowboarding, Snow Shoeing, and Speed Skating. The primary responsibility of the 185<sup>th</sup> was to secure the Game's largest venue, Floor Hockey. Special Olympics has taken the idea of ice hockey and expanded it for indoor competition. This venue had six fields of play, where over 250 games were played in fourteen separate divisions during the eight days of competition.

The efforts of the 185<sup>th</sup> members, along with the other security force volunteers, resulted in several Special Olympics firsts. Never before, since it's start in 1968, have there been no major security incidents or a loss of life at a Special Olympics. The average time re-

quired to locate a lost athlete was an all time low of ten minutes, or less.

Eunice Kennedy Shriver, founder of the Special Olympics, praised the efforts of the security force volunteers, by stating that this was “the best security ever provided,” at a Special Olympics. As a result of their efforts, all security force volunteers have been awarded the Alaska State Community Service Medal.

The goal of Eunice Kennedy Shriver is to have the Air National Guard Security Forces support the summer Special Olympics World Games 2003, in Ireland.

The participating members of the 185<sup>th</sup> Security Forces are: Capt. Jerry R. Self, Jr., MSgt Brian E. Blom, MSgt James M. Carlson, MSgt Gregory A. Heller, TSgt Edwin R. Foote, TSgt Daniel A. Hutton, TSgt Phillip M. Oregon, TSgt Alan D. Rouse, SSgt Corey S. Ewing, SSgt Richard L. Jeffords, SSgt Scott H. Smith, SSgt Steven G.



*Security personnel at the hockey rink*

Tennapel, and SrA Michael B. Pope. Although these security force volunteers have every reason to be proud of their accomplishments, they also recognize the efforts of all those involved in the Winter Games. Especially the athletes, whose oath should be an inspiration to all, “Let me win. But if I cannot win, let me brave in the attempt.”

*By MSgt Gregory A. Heller  
185th Security Forces*

### In Memoriam

Our condolences to the family and many friends of retired Lieutenant Colonel Joseph O'Donnell, Jr. He died April 13 of cancer at the age of 66. Joe was a member of the 185th for 36 years, from 1953 to 1989. His service included duty in Vietnam when the unit was activated in 1968. Joe's widow, Gerri, also retired from the unit as a Lieutenant Colonel. Their son, Barry, now a pilot with the Arizona Air National Guard, once served with the 185th. The O'Donnells have contributed a



great deal to their country, their community, and the Air National Guard. It is with great sorrow that we mark the passing of a patriot, a husband, a father and a dear friend





As always the monthly RATS was a resounding success. I didn't get a head count, but the room was full. This was the first meeting for our new president, Mick McCuddin and he did a great job. He sat down, keep quiet, and let his lovely wife Sharon do all the talking. It was greatly appreciated by all. One of the things Sharon told the crowd was that her little Mick will be 65 this month. Almost everyone remarked he didn't look it – we all thought he was much older.

One of the great things about RATS meetings is that old people, like us, are so much fun to watch. For example, when Ed Nelson got up to pay his bill at the counter, someone noticed he had a plastic strip on his new jeans, pasted to his leg, which told the size. I might do the same next meeting only I'll change it from the portly size I wear, to one that says petite.

I was getting ready to waddle out the door after eating too much, I stopped to talk with Bud Miller. I was surprised to discover Bud had served with the 13<sup>th</sup> Bomb Group Light at Kunsan AFB, Korea during the Korean War. It's just amazing what you can learn at a RATS meeting.

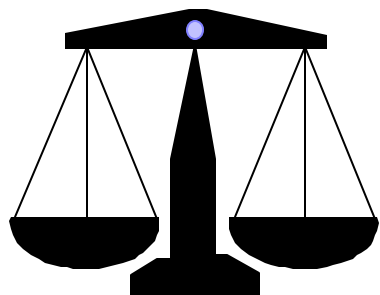
However, if you do go to a RATS meeting, I have a word of warning. It actually comes from my mother who told me many years ago, "Be careful who you associate with." I should have remembered those words at the last meeting. I foolishly sat with Larry Harrington. He asked me to sit at his table but there weren't enough chairs. Larry went to the next table. "Here, they don't need this one," he said grabbing an empty chair. It turns out he didn't steal just any chair. He stole a chair from Col Dennis Swanstrom's table – he took Linda Kuester's chair! The only good thing was that he got caught. Crime doesn't pay, Larry. But now I feel like an accomplice and my mother's words keep going around in my head – "Be careful who you associate with."

The next RATS meeting will be May 3<sup>rd</sup> at Ca. Hope to see you there.  
*Terry Turner, MSgt ret.*

It seems I never fail to learn something new at a RATS meeting. As

### **Do I Need a Power of Attorney?**

A Power of Attorney (POA) is one of the most powerful legal documents you can give to another person. A POA authorizes another person to act on your behalf, as your agent. Acts done by your agent that are authorized by your POA are legally binding on you. There is no law or regulation specifying when you must grant a POA, but another person cannot act for you without it. Therefore, if you are unable to act for yourself due to an overseas, remote assignment, or TDY, you should consider giving someone your POA.



A POA may also be used if you are unable to make decisions concerning needed medical care. Third parties, such as banks, creditors, etc., do not have to accept your POA. Although many will accept a POA, they are not legally required to do so.

A General Power of Attorney (GPOA) gives your agent the right to take almost any action on your behalf. With a GPOA, your agent could sell or mortgage your property, borrow money, use your credit cards, sign contracts that are binding on you, or access your checking and savings accounts. A GPOA is rarely needed and, because it can easily be abused, is not generally recommended. A GPOA is appropriate where prolonged absence or unavailability is anticipated and actions to protect your property or family's welfare probably will be necessary. You should not grant a GPOA if a Special Power of Attorney will do.

A Special Power of Attorney (SPOA) authorizes your agent to perform only certain, specified acts. These can include, but are not limited to, buying or selling a house, selling or shipping your automobile, shipping or receiving household goods, cashing your paycheck or tax refund, obtaining medical care for your children or entering into other agreements. A Special Power of Attorney helps

protect against an error in judgment or dishonesty by your agent by limiting the acts he/she can perform on your behalf.

A POA should be made for a set period of time, usually not more than one year. If necessary, you can renew your POA by making a new one. A POA is usually terminated automatically while you are mentally incompetent or if you die, your agent dies, you revoke the POA, or on the POA's expiration date. A POA can be made "durable", meaning that it remains in effect while you are mentally incompetent. You can revoke the POA by destroying ALL copies of the POA and informing your agent of the revocation. You should also consult an attorney about making a written revocation of the POA to be given to any person who dealt with or might deal with your agent.

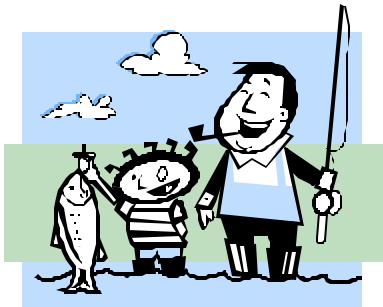
A Durable Power of Attorney for Health Care allows your agent to make decisions concerning medical treatment, including the withdrawal of life support, if you become unable to make those decisions yourself.

The need for a POA is entirely personal. Your POA should be tailored for your needs and desires. For more information, or to make a POA, call the Legal Office at 233-0737.

*By Major Paul L. Pullum  
Judge Advocate*

### **Fitness Center**

The 185<sup>th</sup> Fitness Center is open to anyone eligible for a DEERS ID card over the age of 14, and state employees and their dependents over the age of 14. The state employees will be asked to provide a list of dependents interested in using the facility to the Fitness Committee. Starting 1 October 2001, no one will be allowed to use the facility unless they possess a military ID, DEERS Dependent ID card or are on the approved list at Security Police.



## Annual Guard and Family Fishing Frenzy

The annual Fishing Frenzy will be 16 June 2001 at Fort Randall, in Pickstown, South Dakota. There is a \$5.00 entry fee. Any Guard member, their family members, or retirees are

invited to attend. Anyone interested in attending or for more information, please contact one of the following individuals:

Lt Col Mark Foreman – ext. 0600

TSgt David Kenagy – ext. 0711

SSgt Duane Cardwell – 0715

SMSgt David Miller – 0616

TSgt Shelby Johnson – 0612.

## Employer Award

The National Guard has established 2001 as the “Year of the Employer” in an effort to recognize and strengthen employer support and to better educate the business community about the National Guard.

If you would like to recognize your employer, please complete a “My Boss is a Patriot” award nomination form. A certificate is given to all employers nominated. The nomination forms are available from Maj Kerry Gill ext 0738, Maj Briggs, 0809, or online @ esgr.org.



## Hoop for Hearts

The 4<sup>th</sup> Annual Mark Bokemper Hoop for Hearts 3 on 3 Basketball Tournament will be held on 7 Jul 01 at the 185th FW. The rain date is 8 Jul 01. We will need volunteers to be court monitors and officials. It would be nice if volunteers could work the whole event but a half-day would be helpful. We are also looking for teams. A team consists of four members. The registration fee is \$80. Registration forms should be out within the next month, month and a half. This tournament is

successful because of the volunteers. Without volunteers it could not happen. If anyone has questions or wants to sign up to volunteer please call Maj Kevin Fouts at 0541 or Carol Fuller at 0839.

Mark Bokemper, 31, was a captain and budget analyst with the 185th Fighter Wing, Iowa Air National Guard, and died unexpectedly from cardiac arrhythmia. He was healthy and unaware of his condition. Family, friends, and the American Heart Association have joined together in the fight against heart disease and are determined to support research that will make it easier to detect these types of heart conditions.

185FW/PA  
2920 Headquarters Ave  
Sioux City, IA 51111-1300

PRESORTED  
FIRST CLASS  
U.S. POSTAGE  
**PAID**  
BELDENVILLE, WI  
PERMIT NO. 2